

For Immediate Release

March 25th, 2020

COVID-19: Our Commitment to our Employees, Referral Partners & Patients:

Idaho Prosthetics & Orthotics is closely monitoring the evolving COVID-19 situation and relying on guidance and updates from the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO). Our primary concern is the well-being of our employees and patients through this health crisis and to provide a safe and healthy clinic environment. At this time, our clinics remain open and are equipped to serve our patients and referral partners. We anticipate minor adjustments to our service hours at some of our clinics, but rest assured our network of clinics throughout Southeast Idaho is doing its best to continue to serve the community. Idaho Prosthetics & Orthotics is accredited by the American Board for Certification (www.abcop.com) and as such has existing policies in place regarding infection control and emergency preparedness and will modify these policies as required to comply with CDC recommendations.

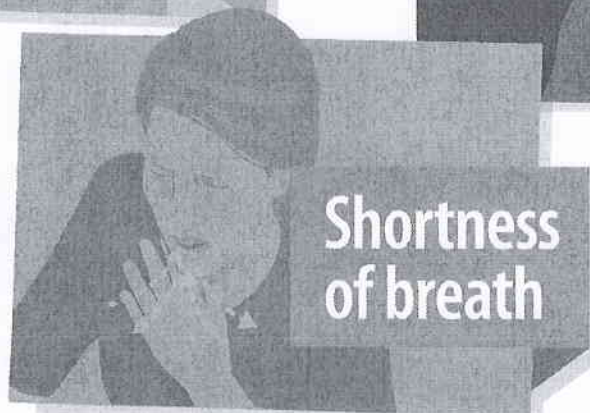
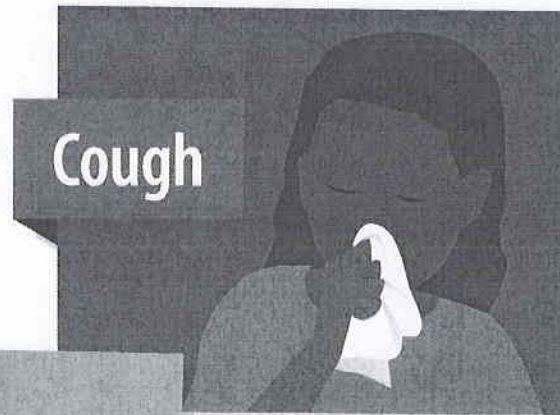
Proactive Measures We Have Implemented:

- Requiring our staff members to take preventative measures recommended by the CDC to help stop the spread of the virus, including but not limited to washing hands often with soap and water for at least 20 seconds, avoiding contact with others who are sick, and staying home if sick.
- Enhanced cleaning and sanitization of our clinic spaces and workspaces.
- Restricting non-essential employee travel, limiting non-essential visits to our clinics and encouraging virtual meetings.
- Heightened communication and screening of patients prior to scheduled or newly requested appointments to ensure the visit is considered safe for the patient, our staff and other patients who might visit our facility. We are also asking patients to reschedule their appointment if they have recently traveled or who have had close contact with someone who has traveled to high risk countries or have tested positive or been exposed to someone with COVID-19. Patients who have a fever, cough and/or difficulty breathing will also be asked to reschedule their appointments.
- To minimize risk of exposure to seniors and at-risk patients, we have created isolated appointment windows in various clinics for these patients. "Drive-up" delivery options may also be available in certain locations for select device types.

Idaho Prosthetics and Orthotics is committed to being a responsible provider of healthcare to its local communities and more updates will be provided as necessary regarding COVID-19 and our clinics. If you have any questions or would like additional information, please contact your local Idaho Prosthetics & Orthotics clinic.

Please read before entering.

IF YOU HAVE



Please call our office before coming inside.

Clinic Phone # _____

The clinic staff may ask you to wear a mask or use tissues to cover your cough.

Thank you for helping us keep our patients and staff safe.



For more information: www.cdc.gov/COVID19

Get Your Clinic Ready for Coronavirus Disease 2019 (COVID-19)

A new respiratory disease—coronavirus disease 2019 (COVID-19)—may impact your community.

Get ready! Steps you take to prepare your clinic for flu can also help protect your patients and healthcare workers from COVID-19:

Before Patients Arrive



- **Prepare the clinic.**
 - Know which of your patients are at higher risk of adverse outcomes from COVID-19.
 - Consider and plan for providing more telemedicine appointments.
 - Know how to contact your health department.
 - Stay connected with your health department to know about COVID-19 in your community. Step up precautions when the virus is spreading in your community.
 - Assess and restock supplies now and on a regular schedule.



- **Communicate with patients.**
 - Ask patients about symptoms during reminder calls.
 - Consider rescheduling non-urgent appointments.
 - Post signs at entrances and in waiting areas about prevention actions.



- **Prepare the waiting area and patient rooms.**
 - Provide supplies—tissues, alcohol-based hand rub, soap at sinks, and trash cans.
 - Place chairs 3–6 feet apart, when possible. Use barriers (like screens), if possible.
 - If your office has toys, reading materials, or other communal objects, remove them or clean them regularly.

When Patients Arrive



- **Place staff at the entrance to ask patients about their symptoms.**
 - Provide symptomatic patients with tissues or facemasks to cover mouth and nose.
 - Limit non-patient visitors.



- **Separate sick patients with symptoms.**
 - Allow patients to wait outside or in the car if they are medically able.
 - Create separate spaces in waiting areas for sick and well patients.
 - Place sick patients in a private room as quickly as possible.

After Patients are Assessed



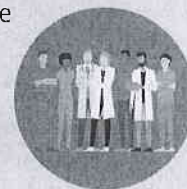
- **After patients leave, clean frequently touched surfaces** using EPA-registered disinfectants—counters, beds, seating.
- **Provide at-home care instructions** to patients with respiratory symptoms. Consider telehealth options for follow up.
- **Notify your health department** of patients with COVID-19 symptoms.



Train and prepare your staff now

- Ensure that clinical staff know the right ways to put on, use, and take off PPE safely.
- Recognize the symptoms of COVID-19—fever, cough, shortness of breath.
- Implement procedures to quickly triage and separate sick patients.

- Emphasize hand hygiene and cough etiquette for everyone.
- Ask staff to stay home if they are sick.
- Send staff home if they develop symptoms while at work.



For more information: www.cdc.gov/COVID19

10 ways to manage respiratory symptoms at home

If you have fever, cough, or shortness of breath, call your healthcare provider. They may tell you to manage your care from home. Follow these tips:

1. **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



6. **Cover your cough and sneezes.**



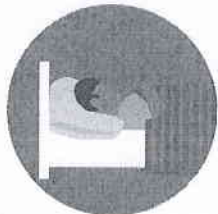
2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



3. **Get rest and stay hydrated.**



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



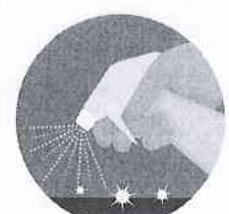
9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



For more information: www.cdc.gov/COVID19